











Discover your raleign parks and recreation Department

Eastgate Park and Neighborhood Center

4200 Quail Hollow Dr 919-872-4156

Preschool

Eastgate Busy Bees - Learn and Create (3-5yrs)

Young children will learn, sing, create and more in this program at Eastgate Neighborhood Center. Whether based on favorite books, nature, or seasonal holidays, your preschooler is sure to learn, socialize, and have fun! Parent/caregiver participation is required. Registration is not available on site; registration must occur at least three days in advance of start date. Fee: \$44

All sessions are Tu/Thur from 10-11:00 AM

-Winter, Penguins and Snowflakes

#136444 Jan 15,17,22, 24

-Hearts, Valentines and Mardi Gras

#136450 Feb 12,14,19,21

-Owls, Cardinals, Bluebirds and Chicks

#136453 Mar 12,14,19 21

-Ladybugs, Bumblebees and Beanstalks

#136454 Apr 9,11,16,18

Eastgate Busy Bees - Bonus Classes (3-5yrs)

Young children will learn, create, sing, and play in these monthly classes. Each program is structured around a theme and will include circle time with a song and a story. Games and art activities will help children socialize and spark creativity. Sign up for one or more - each class is different! Ms. Suzannah instructs. Parent/caregiver participation is required. Younger children may be permitted at discretion of program supervisor. Registration must occur at least three days in advance of start date. Fee: \$12

All sessions are Saturdays from 10-11:15 AM

-Igloos & Eskimos

#136509 Jan 26

-Valentine's Day

#136510 Feb 9

-Fuzzy Bunnies

#136511 Mar 23 -Springtime Buzz & Bloom #136512 Apr 20

Youth

Eastgate Park Soccer Skills

Join professionally trained soccer coach AJ Patel as he helps your child explore the FUNdamentals of soccer in this new and exciting class. This class, which utilizes UK Football Association based training, will foster skill progression in your child through skill development, applied learning opportunities and small sided games.

The goal of this class is help players train and move to the next level of play in their soccer development. Class will meet in the Multipurpose Field at Eastgate Park. For more information call Millbrook Exchange Center at 919-872-4156. Don't miss out on this great opportunity right here at Eastgate Park! Fee: \$43

- <u>Ages 8-10yrs</u>		
#132782 Jan 5-26	Sat	11:00am-12:00pm
#132783 Feb 2-23	Sat	11:00am-12:00pm
#132784 Mar 2-23	Sat	11:00am-12:00pm
#132785 Apr 6-27	Sat	11:00am-12:00pm
- <u>Ages 5-7yrs</u>		
#138302 Jan 5-26	Sat	12:00-1:00pm
#138303 Feb 2-23	Sat	12:00-1:00pm
#138304 Mar 2-23	Sat	12:00-1:00pm
#138305 Apr 6-27	Sat	12:00-1:00pm

Adult

Gardening- Preparing for Summer Vegetables

Learn the basics of growing a small summer garden in your backyard. Topics to be covered are soils, planting times, garden layouts and pest/weed control. Don't miss this opportunity to learn some basics for feeding your family during the summer. Please register in advance of the class. Fee: \$0

#134640 **Jan 12** Sat 10:00am-12:00pm

Worm Composting (Vermiculture)

International Compost Awareness Week is May 6-11, 2013, so join us for this informative home composting workshop! Red wiggler worms can help you reduce smelly garbage and benefit your garden. Learn how easy it is to set up a home worm bin in this interactive workshop. The instructor provides bins for an additional \$5 fee. All children must be accompanied by a registered adult. Free for children under 12. Registration is required four days prior to the program. Bianca Howard instructs. Fee: \$5

#135916 **May 4** Sat 10:30am-12:00pm

Dance - Oldies Line Dancing for Beginners

Do you enjoy line dancing? This class is for beginners and continuing dancers. Come out to Eastgate Park to Mondays to practice and learn new dances. New students should come between 12:30pm-1:00pm for the introduction to line dancing session and continuing dancing will begin at 1:15pm. Please do not wear fragrance. #136928 Jan7-Apr 29 Mon 12:30-3:00pm

Have ideas about programs, classes you'd like to see offered at Eastgate Park? If so, please call or email us today!

Millbrook Exchange Community Center Staff 919-872-4156

millbrook.exchange@raleighnc.gov

